

RESILIENT LEADERS FAIL

*"He gives power to the faint, and strengthens the powerless."
Isaiah 40:29, NRSV*

"The first step toward developing resilience is challenging the idea that we can control everything. Rather than beat ourselves up for the disappointments and negative outcomes we inevitably experience at work (or elsewhere), we can learn to practice acceptance of ourselves and of our situations, whether good or bad. In so doing, we give ourselves the gift of mental space—and in this space we can learn to realize that difficult experiences and setbacks are actually opportunities for learning and growth." (Charlotte Lieberman, "How to Never Feel Stressed at Work Again")

PRAYER

God, I sometimes think I have control, but when I face reality, I know it is an illusion. Only you can truly see truth, and so I lean on you for that strength and forgiveness for my failures. Help me to learn from those setbacks.

How is it with your soul?
How is the morale of your team?

